

# The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

**Our Lady Help of Christians' Church**  
31 Oxford Street, Epping and

**St Gerard Majella Church**  
543 North Rocks Road, Carlingford



**Parish Priest: Fr Jim McKeon**  
Tel.: 9876 2853  
Email: jim@eppcarl.org.au

Email: parish@eppcarl.org.au

**Assistant Priest: Fr Bogdan Skupien**  
Tel.: 9876 2853  
Email: Bogdan.Skupien@bbcatholic.org.au

**Parish Office: 9876 2853**

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's Church at Carlingford and Our Lady Help of Christians' Church at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebration of the Eucharist together will provide both nourishment and challenge on your Christian journey.

**YEAR B**

**FIFTH SUNDAY OF EASTER**

**2-05-21**

**Acts 9:26-31**

**1 Jn 3:18-24**

**Jn 15:1-8**

Dear Parishioners,

**Booking for Mass:** Over these past few weeks since Easter we can see that while we have a pleasing growth in the number of people coming to Mass, we are not reaching our Covid safe limits of 160 at OLHC and 290 at St Gerard's, and therefore we can now safely discontinue our online booking system. Perhaps in the future, we may need it again, if there are increased restrictions or increased attendance at Mass, but for now, let's dispense with booking. It was useful for Easter as it helped people to see which Masses were fully booked and to instead go to others, spreading the load well. Thank you for bearing with this. People will still need to check in with a QR code or sign in for as long as the government requires this.

**School Masses:** OLHC School will join us for the 9.15am Mass on Wednesday, May 5<sup>th</sup> for a special Mother's Day themed Mass.

**Good Shepherds:** Last weekend we heard a passage from chapter 10 of John's Gospel, of Jesus speaking of himself as the Good Shepherd. As we do each year at this time, we pray for vocations to priesthood, and this year our own seminarian, Hien Vu shared with us about his calling to priesthood at several Masses.

But it's worth noting that only about 1% of this shepherd-ing work, also called *pastoral care* is done by priests (and deacons). The vast majority is done in every parish by parishioners who serve in a wide variety of ministries. Is there a ministry which you are doing, or have done, in which you recognise that you are sharing in Jesus' shepherding work, his care, and love for all people? Or is there a desire in you to get involved in some ministry?

As we rejoice in the lifting of so many of the Covid restrictions which shut down or limited many of our ministries last year, it is a great time for us to offer afresh an invitation to you to come and get involved in some parish ministry. In the coming weeks, we will be profiling a number of ministries in the parish and offering you an invitation on Pentecost Sunday (May 23<sup>rd</sup>) to come and get involved.  
– Fr Jim

**Supporting mothers in need:** During the past year, the Federal Government gave generous assistance to millions of people through JobKeeper and increased Jobseeker payments. With the removal of these, there are once again many people struggling to make ends meet. Our upcoming St Vincent de Paul Winter Appeal will be an opportunity to support them. One group of people who have struggled significantly though are refugees and asylum seekers who were ineligible for any government support. We have an opportunity to support them directly through the work of Jesuit Refugee Services. One item which is always needed is nappies, and so for Mothers' Day we're seeking donations of nappies, particularly sizes 2,3, and 5, and baby wipes. You can bring these to both churches on or before Sunday, May 9th (Mothers' Day) and we'll get them to JRS's distribution centre. You can also donate or find out more at [www.jrs.org.au](http://www.jrs.org.au)

**Farewell Anuli:** This weekend we farewell our parishioner Anulika Ezembalkwu who is moving to Adelaide for her work. We thank her for her time in our parish and her ministry as a catechist and senior server.

*Fr Jim McKeon*

## CHARITABLE WORKS FUND APPEAL

The third CWF Appeal for this Financial Year will be held in both churches the weekend of the 8/9 May. Envelopes will be placed at the end of pews and available at the bulletin boxes. Our parish quota for this Appeal is \$19,311. Please give generously, as any shortfall needs to be made up from parish funds.

## CLOTHING DRIVE

St Vincent de Paul, Carlingford will be conducting a clothing drive, plus bric-a-brac etc. on **Saturday, 15th May 2021**, from 8:30am. Please collect bags and **print** your name and address in the book on the table outside the church.



## Prepare for Pentecost

Join the disciples and Mary as they prayed, ***Come Holy Spirit.***

Jesus promised his followers, ***You will be baptised with the Holy Spirit.*** This phrase is in the four gospels and at the beginning of the Acts of the Apostles, chapter 1:4-5 Jesus went on to promise, ***You shall receive power when the Holy Spirit has come upon you.*** Acts 1:8

You can grow to understand your faith. Listen to Professor Mary Healy explain what happened to those in the Upper Room at Pentecost when they did receive power. You will see the impact of that power when Peter explained to the people this outpouring of the Holy Spirit.

Over four weeks, we will be praying like the Apostles, with Mary for the Holy Spirit to come upon us and to receive power! ***What must you do?*** Join us on this week at 7.30, on Monday evening 3<sup>rd</sup> May **OR** on a Wednesday evening 5<sup>th</sup> May.

**If you receive** the Sunday Bulletin by email, you can learn from Professor Mary Healy and join the conversation about being *Baptised with the Holy Spirit.* Click on this link to:

Prepare for Pentecost on a **Monday evening** at 7.30pm

OR

Prepare for Pentecost on a **Wednesday evening** at 7.30pm

**If you are reading** this in the Sunday Bulletin, it will be easier to send an email to [denis.mcnamara@eppcarl.org.au](mailto:denis.mcnamara@eppcarl.org.au)

Tell me which evening you will join us, and you will receive the link to that meeting in your inbox.

Click on the link in the email at 7.30pm on that evening to join us on Zoom.

**If you cannot join** the conversation, you can watch this video on Formed.org I do not want you to miss out!

**Sign Up:** to **FORMED.ORG** <https://formed.org/signup>

**The opening screen says:** *Create a new account*

**In:** *Find your Parish or Organisation*

**Type in:** ***Catholic Parish of Epping and Carlingford***

**Click on Next,** then enter:

Your ***Name.*** Your ***Email address***

Click on ~ ***Sign Up***"

*The Video is **Clothed with Power.***



## ANZAC COMMEMORATION AT CARLINGFORD 6PM MASS ON 24 April 21

Last Saturday night just before the end of Mass, Paul Whittaker from St Gerard's, gave a moving presentation of the Ode to the Fallen Soldier.

The Last Post and Reveille were played, and the congregation joined together in prayer. The music and prayer were organised by Elizabeth and Noel Austin.

It was a short but reverent reminder of Anzac Day and a tribute to all who should be remembered on 25<sup>th</sup> April every year.

Paul is a Vietnam veteran and proud of his contribution to Australia. He was called up for National Service in the first conscription intake. The slouched hat and medals in the photos belong to Paul. He served for 2 years in the Australian Army, one of which was to see him do active service in Vietnam from April 1966 to May 1967.



## PARISH DIARY FOR THIS WEEK

| Oay   | Date     | Time    | Event  |
|-------|----------|---------|--|
| Sun.  | 02/05/21 |         | JSR Food Collection until June   |
|       |          | 7:45am  | Mass at St Gerard's  |
|       |          | 8:30am  | Mass at OLHC   |
|       |          | 9:30am  | Mass at St Gerard's  |
|       |          | 10:15am | Mass at OLHC   |
|       |          | 6:00pm  | Mass at OLHC   |
|       |          | 6:00pm  | PMR Carlingford Antioch meeting  |
| Mon.  | 03/05/21 | 9:30am  | Mass at St Gerard's  |
|       |          | 6:00pm  | CH Epping—Reconciliation & Adoration                                     |
|       |          | 6:30pm  | St Gerard's Church Rosary Group  |
| Tue.  | 04/05/21 | 12:15pm | Mass at OLHC   |
|       |          | 7:00pm  | PMR Carlingford Emmaus Group   |
|       |          | 7:00pm  | PH Carlingford—Alpha Session   |
| Wed.  | 05/05/21 | 9:15am  | Mass at OLHC—Mother's Day  |
|       |          | 9:30am  | Mass in St Gerard's  |
|       |          | 7:00pm  | PMR Carlingford PPC meeting  |
| Thur. | 06/05/21 | 10:00am | Healing Mass at St Gerard's Church<br>followed by morning tea in the PMR |
|       |          | 12:15am | Mass at OLHC   |
|       |          | 7:30pm  | PMR C'ford Men of St Joseph  |
| Fri.  | 07/05/21 | 9:30am  | Mass at St Gerard's  |
|       |          | 10:00am | PMR C'ford Scripture Reflection  |
|       |          | 12:15pm | Mass at OLHC   |
|       |          | 7:00pm  | PH Carlingford CANA resumes  |
|       |          | 7:00pm  | PMR Carlingford Dads' Club   |
|       |          | 7:30pm  | CH C'ford—Reconciliation & Adoration                                     |
| Sat.  | 08/05/21 | 9:15am  | Mass at OLHC   |
|       |          | 9:45am  | Exposition & Reconciliation  |
|       |          | 10:15am | Benediction  |
|       |          | 1:00pm  | Memorial Mass Delma Soria at<br>OLHC Epping                              |
|       |          | 5:00pm  | Vigil Mass at OLHC   |
|       |          | 5:00pm  | Reconciliation at St Gerard's  |
|       |          | 6:00pm  | Vigil Mass at St Gerard's  |

## PARISH STAFF

## Parish Secretary:

**Dennis Porteous** Ph.: 9876 2853  
Email: dennis@eppcarl.org.au

## Asst. Parish Secretary:

**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

## Pastoral Care Assistant:

**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Parish Support Worker (PSW)  
Sacramental Programmes and  
Children's Ministries**

**Lynn Siau**

Ph.: 0407 255 593  
Email: lynn@eppcarl.org.au

## Sacramental Programme Assistant:

**Lisha Abraham**

Ph.: 0407 255 593  
Email: kids.sacrament@eppcarl.org.au

## Pastoral Support Worker (PSW) Youth:

**Joanna Mak**

Ph.: 0404 710 588  
Email: joanna@eppcarl.org.au

## Missionary Discipleship Coordinator:

**Denis McNamara**

Ph.: 0410 041 944  
Email: denis.mcnamara@eppcarl.org.au

## Parish Pastoral Council

If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to [ppsecretary@eppcarl.org.au](mailto:ppsecretary@eppcarl.org.au)

## WELCOME TO THE MEN OF ST. JOSEPH



The group is dedicated to Catholic men, who together spend time, to pray and to discuss how Catholic men live in today's world, discuss and support Catholic family issues and choices we make.

You are most welcome to join us on Thursday, 6th May at 7:30 pm, in the parish meeting room, Carlingford.



## GOOD NEWS!

## THE HEALING MASS AND MORNING TEA IS BACK AT ST GERARD'S!

**On Thursday 6<sup>th</sup> May** there will be the 'Healing Mass' in the church at 10.00 AM (no 9.30 Mass on the 1<sup>st</sup> Thursday of the month). Mass will be followed by morning tea in the meeting room. **Please bring a plate.** It is a community morning tea in the true sense of the word!

**WELCOME BACK! LET'S ENJOY.**

## Parish Information



### Who is a Catechist?

A **Catechist** ((SRE) teacher)) is a person who gives her/his time voluntarily to provide Special Religious Education to children in our parish public primary and secondary schools.

An **SRE Assistant** helps the catechist in the classroom

**Catechist** are those who're called to serve through teaching, witness, prayer, service and building community.

### Primary Schools

Epping Public School (Tuesday : 9:20, 9:50am)  
 Epping North Public School (Thursday : 2:10, 2:40pm)  
 Epping West Public Schools (Tuesday : 11:40am, 12:10, 12:40pm)  
 Epping Heights Public School (Friday : 9:10am)  
 Murray Farm Public School (Tuesday : 9:00, 9:40, 10:20am)  
 Roselea Public School (Wednesday : 11:30am, 12:00, 12:30pm)

### Secondary Schools

Carlingford High School (Wednesday, Friday, am)  
 Cheltenham Girls School (Thursday, am)  
 James Ruse Agricultural High School (Wednesday, pm)

### I am interested in becoming a Catechist!

Please call Parish Office weekdays 9am-4pm at 9876 2853  
 or contact Katherine Tam for Primary Schools at  
[katherine@eppcarl.org.au](mailto:katherine@eppcarl.org.au)  
 and Mary O'Byrne for Secondary Schools  
 at [mary@eppcarl.org.au](mailto:mary@eppcarl.org.au)

### INVITATION TO ST BENEDICT'S MONASTERY FOR SUNDAY 16 MAY

You are invited to a Christian Meditation Introduction and Renewal Day at St Benedict's Monastery, 121 Arcadia Rd, Arcadia on Sunday, 16 May.

Arrival from 10:00am, QR code in use, 10:30am start, Presentations, Introduction to Meditation, period of Meditation for ongoing meditators, BYO picnic lunch and other refreshments, Mass, conclusion at 3:00pm. No need to register ahead of time. Donations welcome.

### Enquires:

Ann Bergman: [anniebergman@hotmail.com](mailto:anniebergman@hotmail.com) or  
 Ann Lomas: [atlomas@bigpond.com](mailto:atlomas@bigpond.com) or 9653 2637.

Peace, Fr Michael Kelly osb : [mkelly@silvestrini.org](mailto:mkelly@silvestrini.org)

### THE PARISH PASTORAL COUNCIL MEETING

will take place this Wednesday, **5<sup>th</sup> May** in the parish meeting room at Carlingford commencing at 7:00pm.

**DADS' CLUB** The monthly gathering of the parish Dads' Club (for all dads in both the Epping and Carlingford communities of the parish) takes place this **Friday, 7<sup>th</sup> May** at 7:30pm. For details contact John Williams 0416 064 460. All Dads welcome for a relaxing and enjoyable evening.

**School Masses:** St Gerard's School will join us for the 9.30am Mass on Monday, May 24<sup>th</sup> to celebrate 200 years of Catholic education in Australia.

**Ramadan:** Muslims, our fellow believers in God have begun their holy month of fasting, Ramadan, which is a parallel to our season of fasting in Lent. During this time healthy adults do not eat or drink during daylight hours, and break the fast together with a communal iftar meal in the evening. In a time when relationships between Christians and Muslims are more important than ever for the future of civil society, let us create solidarity and respect together. If you have an opportunity to speak with a Muslim this month you may like to greet them with "Ramadan Mubarak" which translates as Happy or Blessed Ramadan, just like we would say Happy Christmas or Happy Easter to a Christian.



**ST GERARD'S CARLINGFORD**  
CATHOLIC PRIMARY SCHOOL

## GERRY'S PLAYGROUP

**COME AND JOIN US. CHILDREN AGED 0-5.  
PARENTS AND GRANDPARENTS WELCOME.**

Join our Facebook group for more information:  
[facebook.com/groups/gerrysplaygroupcarlingford/](https://facebook.com/groups/gerrysplaygroupcarlingford/)  
 (or if you do not have Facebook, you can email us at  
[gerrysplaygroup@gmail.com](mailto:gerrysplaygroup@gmail.com))

### 2021 TERM 2 - PARK PLAY DATES

**Monday, 3rd May - 9:30am**

**Monday, 7th June - 9:30am**

**Where:** park at 387 North Rocks Rd  
 (next to the North Rocks Tennis Centre).



## Youth And Young Adults

## OUR PARISH ANTIOCH COMMUNITY



## MEETING 2nd May

Come along to the Antioch meeting to hear a great talk, join in discussion time, hear some awesome music, take time out for prayer and meet heaps of great young people from our parish! The meeting starts at 6pm in the parish meeting room at Carlingford. So head on down and bring a friend, All 16 - 22 year old's are **VERY WELCOME!**



Joanne 0416 030 927, Karen 0421 506 577 (parent supporters)

*"It was at Antioch the believers were first called Christians"*

## CANA: OUR 7-9 yrs. YOUTH GROUP

If you're in Years 7-9 come along for a night Jam-packed with **FUN & FAITH!** EVERY **FRIDAY** night of the School Term, **7:30-9pm** in the Parish Hall at St Gerard's. It's a great place to catch up with old friends, and meet some new ones!

**CANA will meet this Friday 7th May**

**CANA**  
YOUTH GROUP



John 2:11 'The first of these miraculous signs, Jesus performed at Cana.'



Emmaus is going on a hike and having a picnic this Sunday!

Meeting at 12:30pm, 2nd May, at

Thornleigh oval (parking on Ferguson Avenue).

Contact Joanna for more details on 0404 710 588.

**"And the Word became flesh and lived among us."**

JOHN 1:14

BIBLE READING  
GOSPEL OF JOHN

Join us as we read 12 chapters from the Gospel of John.

2 May | 10.30-11.30am

St. Gerard's Church Carlingford

## BIBLE IN A YEAR

Join us on the journey via Facebook or WhatsApp as we read 'The Bible in a Year' with Fr. Mike Schmitz.

Starts 10 May 2021



For more information contact: Joanna Mak 0404 710 588

facebook



WhatsApp



**Organised by the Bible Reading Group**

CATHOLIC PARISH OF EPPING AND CARLINGFORD

## Bible Reading

Last weekend, we sold Bibles after Mass to encourage people to build a daily habit of reading the Bible. We sold

- 40 Adult Bibles
- 32 Children's Bibles
- 175 Gospel of John

If you would still like to purchase a Bible (\$15 Adult or \$25 Children's Bible), please contact either Joanna Mak or Lynn Siau.

We will be reading 12 chapters of John on the 2<sup>nd</sup> May and starting Fr Mike Schmitz's 'Bible in a year' on the 10<sup>th</sup> May.



## Reflection: On Naming the Present Moment

There's a story told about Anna Akhmatova, a Russian poet. During Stalin's purges, thousands of Russians had been imprisoned and she, along with others, was standing in line outside of a prison, waiting to leave food and letters for loved ones inside. The waiting was doubly frustrating because they didn't know how long they would have to wait to see their loved ones and they didn't know whether their loved ones were still alive or not. In the midst of this, a woman recognized Akhmatova and asked her: "Can you describe this?" "Yes, I can!" Akhmatova replied. Afterward she remembered that, as she said this, something like a smile passed between the other woman and herself. Just to be able to put words to what was happening was somehow freeing, an act of defiance.

Are we on the road to Emmaus? To name something properly brings a certain peace of mind. We know this from experience. For instance, when a person we know falls victim to an accident, a crime, or a tragedy of any sort, we have no peace of mind until we know exactly what's happened to him or her. No matter how painful the revelation might be (he or she might be the victim of an horrific accident, murder, torture, rape) we need to know what's happened. The reality has to be named, described. This isn't a question of morbid curiosity, but of peace of mind. The soul needs to know.

This is indeed the basis of spiritual direction. What good direction does is to help us to name properly what we are undergoing. John of the Cross tells us that the process of spiritual direction works this way: first, there is raw experience itself, the flow of events in our lives that triggers a bevy of thoughts and feelings that both stimulate and perplex the soul. This is like uncut-dough, in need of shaping. Good direction begins with that uncooked material.

Next comes the objectification of that experience. The person seeking guidance must in some way give expression to his or her experience, however crudely, through words, a drawing, a dance, whatever. But this initial expression is not yet an interpretation. That's the next step.

With the help of the director, the person now searches for a name to properly describe what is happening inside him or her. Using paradigms drawn from scripture and Christian tradition, the one being directed tests various images, like one would try on shoes in a store, looking for a good fit: "Could this be the same thing as Job experienced? Could this be an experience of the 'desert'? Is God testing me as he did Abraham and Sarah?"

When there is a proper fit, peace ensues. The experience has been properly named and we have turned raw circumstance into shaped destiny. To name something properly is an act of faith, an act that manifests transcendence. Raw forces are forever impaling themselves upon us, but we get to determine their meaning. We do that by naming our experiences correctly.

Psychotherapy works in the same way, except that it uses psychological paradigms rather than faith-based ones in its efforts to name what is happening inside of a person.

If this is true, then putting proper names to what is happening inside our experience is the place where we can read the language of God. John of the Cross suggests that God's daily word is written inside of ordinary experience. Our task then is that of examining our own experiences and trying to name what God is saying to us inside these, by using images from scripture and our faith tradition.

For example, today, a group of believers might ask itself: "What time are we living in? Is this the time of the desert? Is this again the time of the Babylonian exile? Are we on the road to Emmaus? Are we meeting Jesus, along with the Syro-Phoenician woman, on the borders of ethnicity, religion, gender? Are we in the upper room, awaiting a new Pentecost, taking seriously Jesus' counsel to not leave the city until we feel ourselves clothed with power?"

And, given our experience of being Christian within a post-ecclesial society, we might ask too: "What is God saying to us inside of a culture that is spiritual but not ecclesial, Christian but mostly bitter and grandiose about its own roots? Is this a time of pruning, of special humbling? What is our task in a time of ecclesial, historical disprivilege? What should our waiting consist in?"

To pray and to struggle naming our experiences biblically and in faith is to "read the signs of the times." It's also good spiritual direction, as John of the Cross defines this. Moreover, it is too, in Anna Akhmatova's words, "an act of political defiance." When we get it right, a smile will pass between us.

I like a comment I once heard from Richard Rohr: "Not everything can be cured or fixed, but it should be named properly."

Ron Rolheiser

*Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, [www.ronrolheiser.com](http://www.ronrolheiser.com).*

**CATALYST FOR RENEWAL:** Our next reflection morning will be held in the parish hall of Hunters Hill on **Saturday 8<sup>th</sup> May. 9.30 AM – 12.30 PM**. Our guest speaker will be Rev Professor Gerard Kelly. His topic: 'The Way of Dialogue in the Future Church'. All welcome. No need to book. We do appreciate a donation. Tea and coffee provided. COVID SAFE ENVIROMENT. "Come and See". Enquiries: Carole Wilson 9869 1036.

**E-Bulletin**

If you would like to receive the bulletin by email, please send an email with e-bulletin as the subject title to: maree@eppcarl.org.au

**Have You Told Us?** If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

**After Hours Sick Calls— 9876 2853**

Outside office hours our office phones divert to Fr Jim and Fr Bogdan at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

**Ecumenical Relationships** Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West, Epping Uniting Church and Epping Baptist Church.

**Admitted to Hospital** A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

**The Year of St Joseph Prayer**

To you, O blessed Joseph, do we come in our afflictions, and having implored the help of your most holy Spouse, we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness. As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

*Chatswood Catholic Parish*  
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9410 9000

**Our Lady Help Of Christians Catholic Primary School**

Principal: Ms Dominique O'Sullivan

8 Cambridge Street, Epping 2121 Ph: 9868 3322

www.olhcdbb.catholic.edu.au

Email: olhc@dbb.catholic.edu.au

**St Gerard's Catholic Primary School**  
Principal: Mrs Barbara Yee  
543 North Rocks Road, Carlingford  
2118  
P: 9871 1633  
www.sgcdbb.catholic.edu



**Prayer Marathon:** Pope Francis has launched a month-long "prayer marathon" to end the Covid pandemic. Each day in May, there will be a livestream from one of 30 chosen Marian shrines or sanctuaries around the world to guide the prayer at 6pm Rome time (unfortunately this is at 2am AEST) on all Vatican media platforms including [www.vaticannews.va](http://www.vaticannews.va)

**USEFUL LINKS****Facebook:**

<https://www.facebook.com/CatholicParishOfEppingAndCarlingford>

**Instagram:** <https://www.instagram.com/catholicparisheppcarl/>

**Fr Jim's YouTube:**

<https://youtube.com/channel/UCLpbDNqP8u1Wx4Gm08jJydA>

**Epping and Carlingford Website:**

<https://www.bbcatholic.org.au/eppingcarlingford>

**G.R.A.C.E podcast via internet:**

<https://open.spotify.com/show/1y2EWOFKwJMRN5tAWJN9am>

| Date     | Mass Time | Epping        | Mass Time | Carlingford       |
|----------|-----------|---------------|-----------|-------------------|
| 08/05/21 | 5:00pm    | Fr Jim McKeon | 6:00pm    | Fr Bogdan Skupien |
| 09/05/21 | 8:30am    | Fr Jim McKeon | 7:45am    | Fr Bogdan Skupien |
| 09/05/21 | 10:15am   | Fr Jim McKeon | 9:30am    | Fr Bogdan Skupien |
| 09/05/21 | 6:00pm    | Fr Jim McKeon |           |                   |

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**Responsorial Psalm Response**

Ps: 221:26-28.30-32 R. V. 26

I will praise you, Lord, in the assembly  
of your people.

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**Gospel Acclamation****Alleluia, alleluia!**Live in me and let me live in you, says the Lord, says the Lord;  
my branches bear much fruit.**Alleluia!****WEEKEND MASSES****Epping** 5:00pm Vigil, 8:30am, 10:15am, 6:00pm**Carlingford** 6:00pm Vigil, 7:45am, 9:30am**WEEKDAY MASSES**

|  | Mon. | Tues. | Wed. | Thur. | Fri. | Sat. |
|--|------|-------|------|-------|------|------|
|--|------|-------|------|-------|------|------|

|               |         |         |        |         |         |        |
|---------------|---------|---------|--------|---------|---------|--------|
| <b>EPPING</b> | No Mass | 12:15pm | 9:15am | 12:15pm | 12:15pm | 9:15am |
|---------------|---------|---------|--------|---------|---------|--------|

|                    |        |         |        |        |        |         |
|--------------------|--------|---------|--------|--------|--------|---------|
| <b>CARLINGFORD</b> | 9:30am | No Mass | 9:30am | 9:30am | 9:30am | No Mass |
|--------------------|--------|---------|--------|--------|--------|---------|

**HEALING MASS** **Carlingford**—1st Thursday, **Epping** — 3rd Wednesday (no Healing Mass in Jan.)**EXPOSITION OF THE EUCHARIST: Epping** Saturday 9:45-10:15am, **Carlingford**, 4th Thursday 10:00am**SACRAMENT OF RECONCILIATION: Epping** Saturday 9:45-10:15am **Carlingford** Saturday 5:00—5:30pm  
**OR BY APPOINTMENT** [Temporary dates for Reconciliation Monday 6pm at Epping and Friday 7:30pm at Carlingford until further notice]**BAPTISMS AND WEDDINGS: BY APPOINTMENT****PARISH OFFICE:** 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au**ST GERARD MAJELLA PRIMARY SCHOOL: PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au**OUR LADY HELP OF CHRISTIANS PRIMARY SCHOOL: PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:****Recently deceased:** Thomas Magee, Nicola Calabrese, Alexander Tocher, Monica Lau, Haldane Andrews, Placido Mayhua.**Anniversaries:** Paul Kelly, Sum Wong,**Also For:** Edith & Ivan Almeida,

**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsys, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Brian Walsh, Patricia O'Connor, Kathy Noonan, Dorothy Bonacorso, Margaret Floyd, Barbara Madafiglio, John Lyons, Bev Gibbeson, Radhi Riley, Patrick Thornton, Jan Doherty, Maureen McKeough, Ana Matijasic, Benjamin Verco, Peter Kelly. John Goodwin, George Bell, Patrick Thornton, Michael & Susan Tuite, Benjamin Verco, Noelene Viset, Eileen Brownlow, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley, Agnes Wong, Alex Benjamin Zaragoza, Amarech Zewolde, Janice Lemon, Mary Lou Pentony, Donald Wong, Joyce Heidke.

**Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the family.**WEEK 1:  
Nappies & Wipes  
Nappy size: 2, 3, 5WEEK 2:  
Tuna in OilWEEK 3:  
Cooking OilWEEK 4:  
Tinned TomatoesWEEK 5:  
Long Life MilkWEEK 6:  
Rice**MOTHER'S DAY APPEAL  
GIVE 6 THINGS**This Mother's Day, please donate 1 item each week  
to give to refugees living in this community.**9 May—20 Jun 2021**